



Kentucky

Survivor Toolkit

A Guide For Child Sex Abuse Survivors Who Are Considering Legal Action



The new law went into effect March 23, 2021



What Is Kentucky's New SOL Law?

The Law explained:

This new law will benefit **SOME** victims of child sex abuse in Kentucky. Some parts of the law will be permanent going forward and some parts of the law are temporary and have a limited time for action.

SOL Before the Law:

In 2017 Kentucky extended its SOLs for child sex abuse. It gave victims until **age 28** or within 10 years of when the abuse ended or their discovery of the abuse, whichever was latest, to file civil lawsuits. The law did not make clear, however, if this longer SOL applied to claims against institutions and claims for abuse before 2017.

SOL After the Law:

The new law broadens the SOL and clarifies that the SOL for child sex abuse claims in Kentucky against any abuser, organization, institution, or the government is **age 28**, 10 years from discovery of the abuse, 10 years from when the abuse ended, or 10 years after an abuser is convicted, whichever is latest. It also temporarily revives some recently expired claims.

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How Will Kentucky's New SOL Law Help You?

Are you a Kentucky survivor of CHILD sex abuse?

If you were abused in Kentucky, you may have the right to file a civil lawsuit for your abuse. The scope of your rights depends on your birthday.

If your birthday is on June 29, 1994 or later:

You can sue your abuser, an organization, institution, or the government for your abuse until your 28th birthday, or within 10 years after you discover your abuse, 10 years after the abuse ended, or 10 years after your abuser is convicted of abuse crimes committed against you or others, whichever date is latest.

If your birthday is from March 23, 1994 to June 28, 1994:

You will benefit from the revival law and can sue for your abuse until your 28th birthday, or within 10 years after you discover your abuse, or 10 years after the abuse ended, whichever date is latest.

If your birthday is before March 23, 1994:

If you discovered your abuse between March 23, 2012 and June 28, 2012, you may benefit from the revival law and can sue for your abuse until 10 years after your discovery. Otherwise, you do not gain any rights under this new law.

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*This is not legal advice. To determine the SOL in a particular sex abuse case, contact a lawyer in Kentucky.

10 Things to Remember

- You are not alone. About 1 in 5 girls and 1 in 13 boys are sexually abused. 86% of child sexual abuse is never reported and those who do report often cannot come forward until adulthood.
- The brain adapts to trauma in order to cope, and that coping may manifest in PTSD, depression, anxiety, or other ways.
- It's never too late to report abuse. You can contact the local police department in the town where you were abused and tell them what happened at any time.
- Take good care of yourself. Consider seeing a therapist and encourage loved ones to do the same. Practice self-care, like exercising regularly, mindfulness, limiting alcohol and recreational drugs, and seeking social support through a survivor support group.
- 5 The court system may not understand your needs. Some officials will have received trauma-informed training, some will not.
- The legal system is a lot of "hurry up and wait." It is normal to be asked to produce information quickly, and then not hear from your lawyer for a while.
- **The litigation process can take time.** Your case may resolve quickly or slowly depending on your state and other factors.
- There may be triggers during litigation that cause you to reexperience the initial trauma. This re-traumatization can be treated through proper therapy.
- You control your story. Your attorney and therapist will be bound by certain confidentiality rules and you may have the option to file a lawsuit under a pseudonym to protect your identity.
- Your attorney works for YOU. If you are offered a settlement, your attorney can only settle your case with your permission after you approve the monetary amount. If you receive settlement funds, this is American justice. You deserve to be compensated for harm.

10 Resources to Trust

- CHILD USA: www.childusa.org
 Although CHILD USA cannot represent you in your legal action, we have additional resources to support you, your lawyer, your therapist, and your loved ones. Please share our website with your social support team.
- 2 Survivors Network of those Abused by Priests (SNAP): www.snapnetwork.org
 For those interested in connecting with other survivors, contact SNAP at www.snapnetwork.org/events to be included in a virtual support group, or to meet survivors.
- CHILD USAdvocacy: www.childusadvocacy.org
 To get involved in advocating for better child protection laws, including SOLs.
- For free **access to research** often needed in child abuse cases visit: www.nationalcac.org
- 5 To find a local **Child Advocacy Center** visit: www.nationalchildrensalliance.org/
- The National Sexual Assault Telephone Hotline: 1–800–656–HOPE (4673)
- The National Center for Victims of Crime (NCVC): www.victimsofcrime.org/
- The National Suicide Prevention Hotline: 1–800–273–8255
- The National Center for Exploited and Missing Children: www.missingkids.org/gethelpnow
- Rape, Abuse, & Incest National Network (RAINN): www.rainn.org

10 Terms to Know

- 1 Child Sex Abuse (CSA): Any sexual activity with a minor (like fondling, intercourse, exposing oneself, masturbating, obscene calls, messages, or digital contact, vaginal, anal, or oral sex, sex trafficking, producing or possessing child sexual abuse material (CSAM), or any other harmful sexual conduct).
- Delayed Disclosure of Abuse: the common phenomenon where survivors of child sex abuse wait for years, often well into adulthood, before telling anyone they were abused. The average age of disclosure is 52 years-old.
- Statute of Limitation (SOL): a law that sets the amount of time after a person is abused that: (1) the person can file a civil lawsuit for their injury, or (2) the government can criminally prosecute an abuser and others for their crimes.
- Criminal Prosecution: The state or federal government may prosecute by filing criminal charges against a person or entity for their crimes relating to child sex abuse. Punishment for criminals could involve jail time, fines, or restorative justice.
- Civil Lawsuit: A survivor of child sex abuse may file a claim against an abuser, other individual, entity or the government to recover money damages or seek other remedies for abuse-related injuries.
- Discovery Rule: A law that says the SOL time countdown doesn't begin until a person is aware of their injuries relating to child sex abuse or makes the connection that their injuries were caused by abuse.
- Injuries Caused by Child Sex Abuse: Injuries can include physical and mental health issues, like STDs, depression, anxiety, PTSD, addiction, and difficulty participating in relationships, work, or community.
- Defendant: A person or institution that is sued for child sex abuse. A defendant can be an abuser, a person who sexually abused a child, or other individuals or institutions that knew about or enabled the abuse. Institutions can be a private organization (like a business, non-profit company, or religious institution) or a public organization (like a government agency or public school).
- SOL Extension or Elimination Laws: Laws that change the SOL to give survivors more time to file claims for abuse-related injuries. Extension laws lengthen the SOL so that it expires later, while elimination laws completely remove the SOL so that there is no limit for when claims can be filed.
- Revival Laws: Laws that establish a specific period of time during which survivors can bring previously-expired civil claims to court. When the revival period is a set amount of time after the law is passed, it is called a revival window, and claims can be filed while the window is open. States have opened windows for a few years or permanently. When the revival period is set at a survivor's age, it is called a revival age limit, and claims can be filed until a survivor reaches that specific age. The age states choose ranges from 27-55.

Join CHILD USA in Our Fight to End Child Abuse and Neglect



COVERING WELL-BEING | SURVIVORS &
GENERAL INTEREST FAMILIES & CAREGIVERS
| RELIGIOUS | SPORTS & THE ARTS |
SCHOOLS | LEGAL | FINANCES | HOTLINES





ACCESS OUR MEMBERSHIP PORTAL

CHILD USA's portal is the only library on child sex abuse, curated by experts for survivors. It contains a curated selection of books (both fiction and nonfiction), documentaries, videos, articles, and online resources that are respected, illuminating, and informative. Whether you are a survivor of child sex abuse, a family member, or someone who works with children, this is a place where we hope that you can browse, learn, and relax in peace. Sign up for 1 year of free membership at childusa.org/members with the code KYTOOLKIT.

BECOME A COMMUNITY AMBASSADOR VOLUNTEER

CHILD USA is looking for individuals who are passionate about child protection and welfare to sign up to be Community Ambassador Volunteers! Community Ambassador Volunteers will be advocates for CHILD USA in their communities and will hold events to raise money for and get the word out about CHILD USA and the work we are doing. If you are interested in applying, please visit childusa.org/community-ambassador.

JOIN THE SOL REFORM MOVEMENT

The Sean P. McIlmail Research Institute at CHILD USA was founded in 2018 with a generous donation from the parents of Sean McIlmail, a brave clergy sex abuse victim who passed away from a drug overdose while awaiting justice. Due to Pennsylvania's exceedingly short SOLs, Sean was the only person in statute that could prosecute Fr. Robert Brennan of the Philadelphia Archdiocese. The Institute, which will help preserve Sean's legacy, is dedicated to studying and analyzing SOLs to fight for access to justice for all child sex abuse victims. For more information on SOL reform, visit childusa.org/sol. To get involved in advocating for better SOLs in your state, please sister organization, USAdvocacy, at infoechildusadvocacy.org.