THE RULES OF CIVIL PROCEDURE & LITIGATION IN THE EYES OF SURVIVORS

It Is a Foreign Language in a Scary Land with Delays and Denials

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YOU COMMUNICATE	CLIENT HEARS	POSSIBLE TRIGGER	NOTES
"The Defendant will be Served" (FRCP 4)	S/he will know I'm standing up to them. I'm scared/worried "Was this a mistake?"	Nervousness & anxiety around finally standing up to Perpetrator Concern Fear of retaliation	Let your client know When where and how. Some perpetrators may retaliate, if in family – family members may blame, shame, etc.
"Case has been Removed to Federal Court" (28 §1441)	My perpetrator "took it away." "Eliminated it" It's gone.	Loss of voice, power, and control, panic	The term "Federal" is likely to alarm survivors as it sounds serious
"The Defendant Answered the Complaint" (FRCP 8) All have tons of denials	"Rejection " "You are a Liar" "You are crazy"	Not Believed Not Valued	Sharing that denials are commonplace in Answers Denials are typical
"The Defendant filed a Motion to Dismiss" (FRCP 12B)	"Ordered to Leave" "Unworthy of serious consideration" "Unworthy" "Rejection"	Not Believed Insignificant	Share that this is typical Go through the timing. 30 days, etc. (except for non-waived)
"The Defendant has Noticed your Deposition" OR "They are requesting an IME" (FRCP 26) (Even in prep)	"The Defendant will hurt me again" "Feel put under a microscope" "All my scars & pain exposed, and analyzed"	Not Believed Consented Not Valued Not Credible	Stress response may be triggered Distracted Memory Disassociation Fear Anxiety/panic
"We should consider Settlement." "We should mediate"	"You don't believe me" "The case is weak" "You think I have exaggerated" "You don't trust me" "Others won't know"	Not believed Insignificant Relief Overwhelmed Angry	+Reinforce that you believe your client. +Victim statements -> mediator help survivors feel heard/heal +Sadness as it is never really resolved.
Trial	"Will the perpetrator be there?" "Will the judge believe me?" "Will the jury believe me?"	Most survivors share that just being around the perpetrator or institutional leaders that failed them may trigger sadness, fear & anxiety	Survivors will need support mechanism in place – family, friends, therapist, (calming objects, jewelry, or photos)